

DATE:	LOCATION:
Friday, April 11, 2025	CBBC Career College, Sydney NS
TIME	TASK
8:00am	Morning judges' briefing
8:15am	Competitors' briefing
8:30am	<p>Manicure: Red gel polish dry manicure with the seasonal fusion creative manicure challenge. Competitors will choose a season to do nail art on the ring finger of both hands finishing with matching design on ring finger, back of hand and up forearm arm to elbow</p>
11:30am	Lunch (provided by SCNS)
12:30pm	<p>Body therapy: Manual leg and foot exfoliation from the knee down, including the entire foot followed by a mud detoxification wrap to the exfoliated area and finish with a lotion. During the detox wrap, competitors will perform a pressure point head massage followed by a jade comb head massage</p>
2:00pm	<p>Creative makeup: In the seasonal fusion creative makeup challenge, competitors will skillfully blend the essence of two chosen seasons of their choice (50/50 split to each season chosen) onto the face and décolleté ending 2 inches below the clavicle. Following the makeup application, 2 accessories will be added to compliment and complete the seasonal look.</p>
3:30pm	Competition ends & final judging

**Please note, this is a tentative agenda and times may vary slightly

2. Purpose of the Contest

The principal role of an Aestheticsian is to perform services to enhance client physical and psychological well-being through manicures, makeup and body therapy

The challenge evaluates each competitor's readiness for employment and recognizes outstanding students for their excellence and professionalism in the aesthetic industry while maintaining health and safety at all times

3. Number of Stations / Allocations

There are ten (10) spaces available

- Spaces will be filled up to a maximum of two (2) per school.
- If all spaces have not been filled by the deadline (February 13, 2025), unfilled spaces will be filled from the waitlist.

4. Skills & Knowledge to be Tested

Manicure with nail art (to ring fingers only) as well as a Milady's hand and arm massage

Objective:

- Perform a dry manicure, nail shaping, cuticle work, and arm and hand massage from Milady's Aesthetic Book
- Perform a dry manicure followed by the following nail art
- 4 fingers on each hand will have red gel nail polish leaving the ring finger for nail art
- Nail art must be free hand only using Acrylic paint provided
- Primary colors along with black and white will be supplied
- Base coat and top coat to all 10 nails
- Clean and tidy workstation

Body Therapy

Objective:

- Manual leg and foot exfoliation from the knee down, including the entire foot
- Followed by a mud detoxification wrap to the exfoliated area and finish with a lotion
- During the detox wrap, competitors will perform a pressure point head massage followed by a jade comb head massage
- Clean and tidy work station

Seasonal fusion makeup application

Objective:

- Perform a makeup application onto the face and décolleté ending 2 inches below the clavicle bone
- Competitors must choose two seasons (spring, summer, fall or winter) splitting the face with half of one season and half of the other season to the area mentioned above
- Two complementing accessories will be added once the makeup had been scored

5. Prerequisites

SCNS Prerequisites

- Enrolled in a community college, university or private school
- Registered as a competitor with Skills Canada – Nova Scotia (SCNS);
- The competitor cannot be a certified journey-person; or a graduate of the aesthetics program
- All competitors must be earning post-secondary credits any time during the academic school year (September to June);
- All competitors must be able to show either current apprenticeship status and/or proof of enrollment in a post-secondary institution upon request of the Provincial Technical Committee (PTC) or SCNS,
- NOTE CANS student licenses will be required as well as photo ID

6. Equipment & Clothing

- * All equipment will be provided at the competition site

A. Items that will be supplied

Manicure

- Manicure products;
- Gel polish base coat, top coat and gel nail polish.
- Acrylic paint for nail art
- Seasonal makeup 50/50 application
- Cleansing cloths / makeup remover / moisturizer
- 4x4 gauze

Body Therapy

- Body scrub
- Mud mask
- Jade combs
- Plastic for wrapping of legs
- Towels

Seasonal makeup 50/50 application

- Cleansing cloths / makeup remover / moisturizer
- 4x4 gauze

B. Competitors MUST Supply

Manicure with nail art design

- Implements.
 - Cuticle pusher;
 - Clippers;
 - Tweezers;
 - Nippers;
 - Buffer;
 - File;
- Cotton coil;
- Orangewood sticks;
- UV/LED light
- Palette for polish for nail designs
- Brushes for nail art design /arm design
- All products needed for hand/arm design
- Dispensing cups to acrylic paint

Seasonal makeup

- ** Makeup products are NOT supplied
- ** Competitors must bring their own makeup products and supplies.

- Makeup brushes
- Wrap for client as makeup goes to color bone
- Headband / hair clips
- Tweezers;
- Spatulas;
- Q-tips;
- Sponges;
- Tissues;
- Disposable mascara wands;
- Any combination of makeup products that competitors need to complete the desired outcome.

Body Therapy

- Sheets 2 flat sheets for draping of client
- Blanket
- S/S bowls 2 large for water

Other Requirements

- Black scrub pant and black closed-toe shoes (no Heels) T -shirt will be provided by NS skills
- Hair tied back
- No excessive jewelry that may interfere with the services being performed
- Short unpolished nails
- Student CANS ID as well as a picture ID

7. Evaluation & Judging Criteria

Item	Point Value
Manicure nail art and arm design	30 points
Makeup	40 points
Body therapy	30 points
Total score	100 points

In the event of a tie in scoring, the following procedure will apply:

- The competitor with the highest score in the competition will be declared the winner
- If there is still a tie, the winner will be declared by the highest score in Makeup

8. PTC Contact Information

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